



NEW FUTURE

BETTER MENTAL WELLBEING FOR THE REFUGEES IN THEIR NEW FUTURE
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TRAINING KIT FOR VET PROFESSIONALS – MODULE 6



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MODULE 6 – INTEGRATION AND SOCIAL INCLUSION OF REFUGEES IN TRAINING SESSIONS

Learning objectives:

- Promote social integration and inclusion of refugees
- Support refugees in building community connections

MODULE 6 – INTEGRATION AND SOCIAL INCLUSION OF REFUGEES IN TRAINING SESSIONS

Topics of the module:

- Meaning of **being refugee** in training context and its consideration for trainers
- Strategies for **promoting social integration and inclusion** of refugees in training sessions
- Creating a **supportive and welcoming environment** for refugees in training sessions
- Addressing **cultural differences and diversity** in integration efforts
- Building **community connections** through networking and collaboration

MODULE 6 – INTEGRATION AND SOCIAL INCLUSION OF REFUGEES IN TRAINING SESSIONS

Refugee – what does it really mean?

Importance of recognition:

- building trust and rapport
- effective group dynamics
- focus on goals
- professional identity

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Practical considerations in the context of the empathy of trainers

- Positive aspects: empathy and compassion, tailored support, advocacy, empowerment
- Negative aspects: paternalism, low expectations, stigmatization, treating as a hero

Balancing empathy and professionalism

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Strategies for integration:

- Direct:
 - group rules, norms, agreements
 - language inclusivity
 - collaborative learning activities
 - indirect
 - cooperative learning
 - social-emotional learning
- active participation,
diverse role models &
guest speakers

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Creating a supportive and welcoming environment for refugees in training sessions

Strategies to create a welcoming environment:

- Physical space
- Behaviour and attitude
- Language and communication
- Cultural competencies
- Community building
- Trauma-informed practice

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Address cultural differences and diversity in integration efforts

- Inclusive curriculum design
- Cultural awareness sessions
- Effective communication

MODULE 6 – INTEGRATION AND SOCIAL INCLUSION OF REFUGEES IN TRAINING SESSIONS

Building community connections through networking and collaboration

- Key concepts: social capital, reciprocity
- Methods and techniques: networking events, language clubs, collaborative projects and actions, organisation of refugees, peers support groups, mentorship programs

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Activities

- For trainers (self-reflection):

 - My feelings & attitudes

 - Self-experiences & inner power in the favour of inclusion process

 - Welcoming environment checklist

- For trainees, groups:

 - Biography working in groups – sources of strength on timeline map

 - Collaboration exercise – collection ideas and provide feedback

 - My path – my role model



THANK YOU!