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# NEWFUTURE NEWSLETTER NR. 1



**BETTER MENTAL  
WELLBEING FOR  
REFUGEES IN THEIR  
NEW FUTURE**

Welcome to the first edition of the NewFuture Project newsletter! NewFuture is dedicated to empowering those who work tirelessly with refugee communities across Europe, providing them with the tools and support needed to make a real difference.

NewFuture endeavors to offer personalized, comprehensive assistance to enhance the mental wellbeing of refugees, recognizing that it is a critical component of successful integration into new communities. By focusing on mental wellbeing, we aim not only to improve the day-to-day lives of refugees but also to boost their productivity and employability. This, in turn, fosters a supportive environment that enhances their ability to adapt and thrive in their new homes.

We engage with a network of professionals and volunteers, equipping them with innovative strategies and resources to address the challenges faced by refugees. Our approach integrates aspects of psychological support, cultural competence, and practical skills training.

In this newsletter, we are excited to share the latest updates and achievements of our initiative.



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## ACTIVITIES & PROGRESS

### Project Result 1: Training Kit:

Our partners in Germany, Austria, Bulgaria, and Portugal have conducted comprehensive surveys, expert consultations, and desk research, leading to the development of:

- Needs Analysis Report - an assessment of the landscape, challenges, and requirements for professionals working with refugee communities.
- State of the Art Report - an overview of frameworks and current practices in working with refugees in distress.
- Best Practices Report, highlighting successful methodologies from across Europe.

These reports have been translated into partnering languages and are available on the NewFuture official webpage ([newfuture-project.eu](https://newfuture-project.eu)). They are foundational for the NewFuture Training Kit for professionals.

Currently in development, this modular toolkit will consist of a curriculum, handbook, workbooks, visual aids, exercises, and workshops. It will empower VET professionals with the resources, knowledge, and strategies to work effectively with refugee communities and support their mental- health and -wellbeing.

### Project Result 2: Guide for Volunteers and Community Leaders:

A guide is being prepared to empower volunteers and community leaders working with refugee groups by providing best practices and guidelines.

### Project Result 3: Animated Videos:

Partners are preparing animated videos that will cover essential topics to help professionals and volunteers engage effectively with refugees.

## Upcoming Events

To finalize the selection of topics, formats, and structure for the animated videos and set the foundation for the Guide for Volunteers and Community Leaders, the partners will meet in Lisbon on May 21. This gathering will refine these critical resources and ensure alignment with project goals.

Follow our journey to empower those working with refugee communities. Visit our website for reports, resources, and news:

<https://newfuture-project.eu/>

