



April 2025

NEW FUTURE NEWSLETTER NR. 3



**BETTER MENTAL
WELLBEING FOR
REFUGEES IN THEIR
NEW FUTURE**

Dear NewFuture Community,

The NewFuture project is now approaching its final months, and we are pleased to share with you the progress achieved since our last newsletter in November 2024. The period between December 2024 and April 2025 has been especially productive: we finalised and translated all outputs, carried out focus groups with volunteers and community leaders, and launched the first of our national multiplier events. These activities mark an important milestone in our project journey, as we move from the development phase into widespread implementation and dissemination.



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ACTIVITIES & PROGRESS

Focus Groups & Validation

In February and March 2025, partners organised focus groups in their respective countries. These gatherings brought together volunteers, community leaders, and practitioners working closely with refugees and migrants. The focus groups provided several insights:

- Participants appreciated the practical orientation of the Training Kit and its adaptability.
- Volunteers highlighted that the Volunteer Guide offers clear approaches and tools to be applied in their daily work.
- The Animated Videos were praised for their accessibility and emotional impact, making complex themes

more understandable for both professionals and volunteers.

Translations & Finalisation

Once validated, all outputs were translated into the national languages of the partner organisations. This step ensures that the Training Kit, Volunteer Guide, and Animated Videos are now fully accessible in German, Portuguese, and Bulgarian, in addition to English. Translation plays a crucial role in making the tools directly usable by the target groups in each partner country, enabling maximum outreach and impact.

With these steps completed, we can confidently say that the core outputs of NewFuture are now finalised and ready for long-term application.

Outputs at a Glance

Training Kit for VET Professionals	A comprehensive resource offering curriculum guidelines, practical exercises, and case studies to help educators and trainers strengthen their competences in supporting refugees.
Volunteer Guide for Community Leaders	A structured and user-friendly manual that equips volunteers with knowledge, tools, and reflective practices to enhance psychosocial support and community-based integration.
Animated Video Series	Short, engaging, and visually appealing videos covering key topics such as trauma awareness, resilience, stigma reduction, and social inclusion. These materials are particularly effective for awareness raising and training purposes.

Multiplier Events Begin

The dissemination of our results has been an ongoing effort since the start of the project in September 2023. However, spring 2025 marks the beginning of the intensive dissemination phase through national multiplier events.

First Conference in Lisbon

The first event took place on 16 April 2025 in Lisbon, Portugal, hosted by our partner Mindshift. The event brought together VET professionals, volunteers, community leaders, and policy stakeholders.

Participants had the opportunity to explore the finalised Training Kit, Volunteer Guide, and Animated Videos, and to discuss how these outputs can be embedded into existing training and community support structures.

The Lisbon event was a resounding success, with participants emphasising the importance of practical, user-friendly tools to address the mental wellbeing of refugees.

Similar events will now follow in Austria, Germany, and Bulgaria during May and June 2025, ensuring that the project's outcomes are widely disseminated and discussed in different national contexts.

Final Conference in Bochum

We are pleased to announce that the Final Conference of the NewFuture project will take place on 27 May 2025 in Bochum, Germany.

This event will bring together project partners, stakeholders, practitioners, and policy-makers from across Europe. The programme will include:

- Presentation of all project results and experiences gained during the two-year journey.
- Showcases of success stories from focus groups, pilot workshops, and national multiplier events.
- Interactive discussions on the sustainability of the NewFuture resources and their potential use in future European and national initiatives.

The conference will be an opportunity to reflect on the achievements of NewFuture and to look forward to how its outcomes can continue to support refugee inclusion in the years to come.

Looking Ahead



The final stage of the project, from June to August 2025, will focus on broad sustainability planning. Our aim is to ensure that the Training Kit, Volunteer Guide, and Animated Videos continue to serve VET professionals and volunteers beyond the official end of the project on 30 August 2025.

The consortium is committed to embedding the outputs into national and European networks and to sharing them with organisations working in the fields of education, integration, and psychosocial support.