



NEW FUTURE

BETTER MENTAL WELLBEING FOR THE REFUGEES IN THEIR NEW FUTURE  
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# TRAINING KIT FOR VET PROFESSIONALS – MODULE I



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# MODULE 7 – COMMUNITY BASED INTERVENTIONS

## Learning objectives:

- Define what community-based interventions are and understand their significance
- Explore several community-based interventions
- Identify key components of successful community-based interventions
- Design and implement community-based interventions tailored to refugees' needs

# MODULE 7 – COMMUNITY BASED INTERVENTIONS

Topics of the module:

- Understanding community-based interventions as a way of supporting refugees
- Challenges and benefits and the role of VET-community organisations engagement
- Key components of successful community-based interventions
- How to design, implement and evaluate a detailed community-based intervention plan
- The significance of participatory approaches – involving refugees in design-making

# MODULE 7 – COMMUNITY BASED INTERVENTIONS

Key contents:

- **Community-based interventions:** definition and role as a supporting mechanism for refugees' mental well-being
- **Key services** provided by community-based interventions (e.g., counselling and therapy, social support networks, peer support groups, etc.)
- **Successful community-based interventions** in supporting refugees' mental health: challenges, benefits, and the role of VET
- **Key components** of successful community-based interventions (e.g., stakeholder collaboration, needs assessment, cultural sensitivity, etc.)
- **Strategies for mapping community resources** and VET-community organisations engagement to leverage community-based interventions
- Hands-on approaches to **design, implement, and evaluate community-based interventions** led by VET that support the mental recovery of refugees
- The importance of refugees' engagement in community-based interventions design – introducing the role of **participatory approaches**

# MODULE 7 – COMMUNITY BASED INTERVENTIONS

## Activities

- Presentations on key concepts
- Collaboration scenarios
- Group discussions and reflection
- Real-life stories about the module's topic
- Individual analysis and reflection
- Community resources mapping
- Creation of personalised intervention plans



THANK YOU!