



# BETTER MENTAL WELLBEING FOR REFUGEES IN THEIR NEW FUTURE

### **OUR MISSION**

Facilitate the integration of refugees into European societies by providing targeted vocational training and mental wellbeing/health support

Foster a culture of understanding, resilience, and mutual respect.

# **CONTACT US**

https://newfuture-project.eu/

# BRIDGING CULTURES, BUILDING FUTURES



NewFuture is an innovative initiative designed to enhance the mental well-being of refugees and asylum seekers.

By integrating vocational education and training (VET) with mental health support, we aim to foster a supportive environment that encourages personal and professional growth.

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#### **OUR OBJECTIVES**

Train VET staff to identify and assist distressed learners

Increase mental health/wellbeing awareness among refugees and local communities.

Develop comprehensive mappings of available mental health services.



# **TARGET AUDIENCE**

VET Providers & Educational Support Staff

Refugees and Asylum Seekers

Community Volunteers and Leaders



#### **OUR OFFERINGS**

A comprehensive framework of best practices in mental health support within VET.

Training materials for educators, aimed at fostering supportive learning environments.

Guides for community leaders and volunteers, enhancing local support networks.

Engaging animated videos to promote mental wellbeing and mental health awareness





## WE'RE HERE TO HELP

Whether you're an educator looking to enhance your skills, a refugee seeking support, or a community member wanting to make a difference, NewFuture offers resources and guidance to help you succeed.

# **PARTNERS**

Gewerkstatt, Bochum, Germany: <a href="https://www.gewerkstatt.de">www.gewerkstatt.de</a>

BEST, Vienna, Austria: www.best.at

Mindshift, Lisbon, Portugal: <a href="https://www.mindshift.pt">www.mindshift.pt</a>

Right to Childhood Foundation,
Ruse, Bulgaria:
<a href="https://www.childhood.bg/en/index.p">https://www.childhood.bg/en/index.p</a>
<a href="https://www.childhood.bg/en/index.p">hp</a>



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